

D.S.C

8th Annual



Specific Training for Linebackers and Defensive Backs





Hosted by Carroll Coaches Tony Holmes and Jim Wasson





Sponsored by Geno Pierce's Performance Course

June 22-25 at Carroll Senior High School, Southlake TX

ATHLETES CAN ATTEND BOTH D.S.C AND DRAGON CAMP (AUGUST)
ATHLETES WILL BE ABLE TO ATTEND BOTH CAMPS AND RETAIN U.I.L ELIGIBILITY FOR 2015-2016

Defensive Skills Camp is dedicated to teaching and enhancing universal skills required to play defensive football. **D.S.C** is a position specific camp to provide training for Linebacker and Defensive Back Skills which are often neglected through Summer Camps. **D.S.C** provides experienced, successful High School Coaches that will enhance the following skills:

-  **Footwork**
(D.B.'s pedal /shuffle)
(L.B.'s buzz / wall)
-  **Non Contact Tackling**
(open field footwork)
(how to use leverage)
-  **Zone Man Coverage**
-  **1on 1 Coverage Skills**

-  **Understanding Route Concepts**
-  **7 on 7 Coverage (man / zone)**
-  **Run Fits**
-  **Mental Game:**
(Leadership)
(Teamwork)
(Film Study)
(Chalk Talk)
(Set Recognition)



Defensive Skills Camp 2015

Contacts: **Tony Holmes** antonio.holmes@southlakecarroll.edu **Tim Wasson** timothy.wasson@southlakecarroll.edu

Location: Football Fields
On the Carroll Senior High Campus @ 1501 W. Southlake Blvd.


Dates: June 22- June 25, 2015


Times: Check-in June 22 9:00 A.M.
Camp starts 9:30 A.M. daily. Session ends 11:30A.M daily.

Ages: All student Athletes that will begin 5th grade through 12th grade for the 2015-2016 school year are eligible to participate.



Cost: \$ 90.00 per Athlete pre-registered before May 25th
\$ 110.00 after May 25th/ walk-ups

Hosted by Carroll Coaches Tony Holmes (Secondary) and Tim Wasson (Linebacker)

Bios: **Tony Holmes**
 Safety/Cornerback University of Texas
Defensive Coordinator –Austin Johnston H.S.
5A State Championship- Carroll H.S.

Tim Wasson
 University Of North Texas
Defensive Coordinator-Carroll H.S.
5A State Championship, Carroll H.S.

Past / Present Coaches: Collegiate: Division 1 Defensive Coordinator H.S.: Head Coach, Defensive Coordinators, Secondary, Linebacker

 Please complete and cut at line 

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Please Mail Payments to D.S.C. 300 E. Ash Ln. #1424 Euless, TX 76039

Name: Last: _____ First: _____ Age: _____

Position: middle linebacker outside linebacker safety corner
(circle)

Grade Level 2015-2016 School Year: 5 6 7 8 9 10 11 12

School District: _____

Parent Info :
Last: _____ First: _____ Phone _____
Address _____ City _____ State/Zip _____

Method of payment: cash check check# _____

T-shirt size: small medium large X-large XX-large

