

DFW OFFENSIVE / DEFENSIVE LINE CAMP

3-12th Grade (June 26th-28th) 9:30am-12:00 pm
Carroll Senior High School, Football Practice Fields
1501 W. Southlake Blvd., Southlake, TX 76092



The **DFW LINE CAMP** will teach Offensive & Defensive Lineman of all ages the fundamentals of their position. Each player will work with experienced and successful coaches who specialize in the training of quality Offensive and Defensive Linemen. The purpose is to build upon the fundamentals of playing OL/DL to create more success on the playing field.

WHAT TO BRING:

Encouraged to bring football cleats, sunscreen, water bottles/jugs & snacks. (Water will be available on fields)

STAFF:

Composed of the top Offensive & Defensive Line Coaches, Offensive/Defensive Coordinators from around the state of Texas/Oklahoma. Also included will be current and former players playing in college. Camp Directors will be Zac Bryant, Offensive Line Coach and Aaron Lineweaver, Defensive Line Coach at Southlake Carroll High School - Home of the 8-Time State Champion, Southlake Carroll Dragons

SKILLS TAUGHT:

- OL** - Stance, Footwork, Movement, Mechanics, Run Block Progression, Pass Protection, Leadership Training, Fundamental drills for Offensive Linemen, Eye Training, Front/Blitz Recognition, & Film Study.
- DL** - Stance, Start, Releases, Hand Technique, Footwork, Fundamental Drills, Pass Rush Technique. Fundamental drills for Defensive Linemen, Weight Room Training, Nutrition, & Film Study.

Cost: 7th-12th Grade, \$115 by May 31. After May 31 = \$125
 3rd-6th Grade, \$100 by May 31. After May 31 = \$115

Email questions to: Zachary.bryant@southlakecarroll.edu

Register and pay by mailing a check and Registration/Release to:

Coach Aaron Lineweaver
 1212 Oak Bend Lane
 Keller, Texas 76248

Make Checks Payable to Aaron Lineweaver



Player's Name _____ School _____ Grade (2016-2017) _____

Address _____ City _____ ST _____ Zip _____

Phone _____ Email: _____ Select Shirt Size: YS YM YL AS AM AL AXL AXXL

Emergency Contact _____ Phone # _____ Position: OL DL BOTH

WAIVER & RELEASE:

"I am the parent or legal guardian of the Participant. I have read this waiver / release and I understand the legal consequences of signing this document for being allowed to participate in this Activity. I release from liability and waive my right to sue DFW Offensive & Defensive Line Camp, their staff, volunteers and workers (collectively "District") from any and all claims, including claims of negligence, resulting in any physical injury, illness (including death) or economic loss I may suffer or which may result from my participation in this Activity, travel to and from the Activity (including air travel), or any events incidental to this Activity".

PARENT / GUARDIAN SIGNATURE OF RELEASE: _____ DATE: _____