

# Save the Date!



American  
Heart  
Association®

life is why™



Go Red For Women is nationally sponsored by



locally sponsored by  
 **Texas Health**  
Resources

# staying alive!

IN SOUTHLAKE

10am —  
1pm



## February 11<sup>th</sup>

285 Shady Oaks Drive  
Southlake, TX 76092

Zumba • Women's Self Defense • Obstacle Course • Senior Car Fit  
Hands On Only CPR Class • Car Seat Checks • Vendor Booths & Giveaways

**FREE CPR KIT with DVD** for every family!

