



CARROLL EQ CLUB PRESENTS A FREE SEMINAR

# Elements Of Mental Toughness

Indulge yourself in an evening full  
of insightful talks with  
distinguished panel of speakers



**TAYLOR DENT**

Professional tennis player, career-high singles ranking of World No. 21. Dent set a record with the fastest serve ever recorded at the Wimbledon tournament at 148 mph.



**JENNY HOPKINS**

Professional tennis player. She has won six International Tennis Federation women's circuit titles in her career and nearly cracked the top 50



**AARON WESTLAKE**

Selected by Detroit Tigers in 2011, was ranked the Tigers' No. 19 prospect by MLB.com entering the 2012 season

Learn from the champions on how to remain engaged and focused when under pressure!

**Date:** April 20th

**Time:** 6:30-7:30 PM

**Location:** Carroll Sr. High School, Southlake

**RSVP:** Paakhi Srivastava at [paakhis@icloud.com](mailto:paakhis@icloud.com)