

Youth Mental Health First Aid Training



Saturday, October 19, 2019

8:00 a.m. to 4:30 p.m.

**Carroll ISD
Administration Building**

Mental Health First Aid is an eight-hour, evidence-based program designed to develop the skills to identify, understand, and respond to signs of mental illness. The program, developed in 2001, is often compared to CPR training. A person with no clinical training learns to assist a person experiencing a mental health situation until a trained person arrives. The program is designed for all members of the community including professional associations, educators and human resource directors.

There is no cost to register. Maximum seating is 30 participants. Lunch provided.

Click here to register. Or scan:

